

Hello Reader,

During the last week of November and the first week of December, I shared how intimate family experiences have inspired a number of my children's stories. My hope is that after others reflect on their family events and relationships they too will be inspired to use their personal experiences as foundations for a children's story. Remember, you have a choice to write nonfiction, relaying events as they happened, or, use reality as a skeleton to build upon. Change names, make them funnier, exaggerate, make the event better than it was or worse, bottom line is that it is fiction. This is the time to relay an experience from a creative filter. Kids love to laugh and see extremes. Above all have fun!

The following week I shared insights I garnered from taking the Caroline Myss and Dr. Norm Shealy Medical Intuition Course offered through Sounds True. Myss and Shealy both believe there are four emotional obstacles that get in the way of our healing, namely anger, guilt, anxiety and depression. Why would I bring up these darker negative emotions pre-Christmas? The darkness of this season triggers these emotions, often hindering us from seeing the light and goodness around us. Our own behaviours can turn negative and reflect these shadow emotions. In addition, often children have a hard time identifying or working through these emotions during a time where our culture is screaming happiness, peace and love. Through my reflections and takeaway links, my hope is to offer positive support and resources.

This past week flipped back to literacy development through the fun and play of the season. Reading classic Christmas tales, baking, crafting, singing and writing are topics that are covered. The takeaway links provide a myriad of ideas to guide and support fun activities that will also develop and strengthen your child's literacy skills.

Presently I'm entering this last week before Christmas feeling very exuberant, having participated in a three-day pop-up sale, with fellow local authors, at the <u>Courtenay Museum and Paleontology Centre</u>. Oh, what an inspiring event! After spending the last several months on Zoom meetings and reading nights, I was able to get to know and share ideas with Comox Valley Writers Society authors. I danced and waved on the corner of Cliff and Fourth in an attempt to build curiosity and encourage people to check out the museum. Although quiet given that the event was last minute and many are discouraged from being out given the new CoVid variant, we did manage to sell books and pitch our stories and websites to new potential readers.

I'm also feeling relieved and proud that I managed to complete 15 weeks of blogging. The goal of blogging every day of school now seems to be a touch overwhelming, however, I do enjoy and challenge and ultimately if I say I'm going to do something, I bristle at giving up (one stubborn fairy lol). So here's to rest and percolating ideas for the next segment of my writing journey from January to March break.

Enjoy your holidays with family and friends. Snuggle up with a good book or two, read aloud and why not consider capturing those memories with words by journaling through the holiday season

Love and hugs,

Inspired Creativity?

MC Dazzle

1). Do You Love How the Art of Story Mimics Life and Life

MC's Books: Finding Inspiration - Week 1

Mimics the Art of Story?

2). The Fracturing of Fairy Tales Brings New Spins on Old

- Classics! 3). How Often Have Delicious Dinners with Good Friends
- 4). Can Long-Standing Dear Adult Friendships Be the Basis of a Children's Story?
- 5). Have You Ever Had a Surprising Unsolicited Message That
- Became Creative Inspiration?





6). How often have friends and family pulled your

MC's Books: Finding Inspiration - Week 2

- heartstrings, inspiring a story? 7). Have You Ever Had a Huge Creative Surge at the Time of Birth or Death?
- 8). Have Your Children Unleashed Loving Profound Creativity Within Your Soul?
- 9). Do your Families Share Riveting Tales That Raise Your Heart Rate?
- 10). Does Your Family Share Heart Rendering Family Stories Over the Holidays?

11). Teachers, Do You Need a Cross-Cultural Math Christmas Story Featuring Friendship?

MC's Books: Finding Inspiration - Week 3

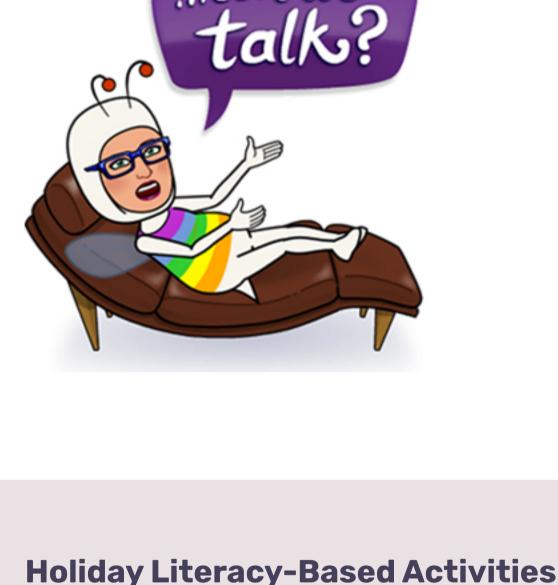
- 12). Teachers: Want an Educational Break During the Frenetic Weeks Before Christmas?
- 13). Can You Reach Out and Touch a Lonely Soul This Holiday Season?
- Sacred Bond During the Holidays 15). Grandparents Are Gifts to Be Appreciated and Loved When

Here. Their Memories and Stories Comfort and Blanket Us When

14). Is Your Child's Best Friend Their Grandparent? Celebrate this

can we





Read a Christmas Book Aloud!

Gone

2). At This Time of Year, Light and Darkness Ignite an Appreciation for Beauty and Contrast

Christmas Season

Confidence, and Mindfulness?

3). Release Heavy Gut Punching Guilt with Gratitude, Amends, and Learned Lessons

1). Does Living in Faith Mean Embracing Optimism,

- 4). In this Season of Gaiety and Love Are You or a Family Member the Sad Clown?
- Gathering?

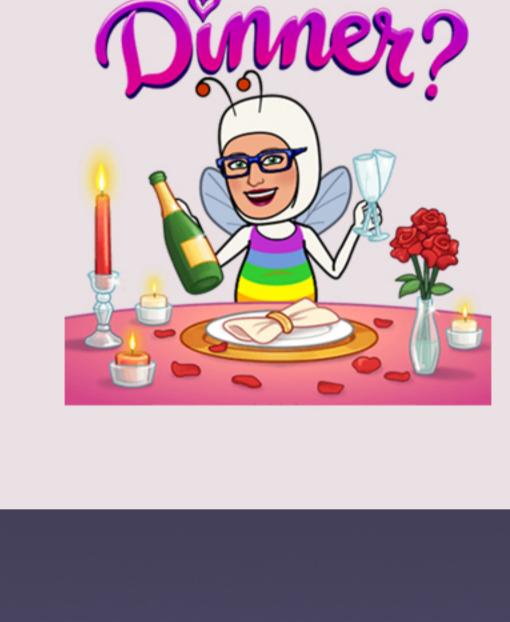
5). Do You Feel Stunned with Fear Upon Joining the Holiday

2). Holiday Cooking and Baking Can Pave the Way to Better Reading Skills!

3). Holiday Crafting Can Pave the Way to Increasing Literacy Skills! 4). Capture Your Heartfelt Memories from Start to Finish with

1). Can Preparing for the Holidays Be Made Easy? Cuddle and

- 5) Are you afraid to sing? It's easy! Read lyrics while singing Karaoke tunes!
- **Dear Dazzle**



entered into a monthly draw for one of my books which I will send out along with an additional wee fairy surprise.

Writing!

Song of the Month Kelly Clarkson - "Merry Christmas (To The One I Given I was writing on the shadow side of

Again, I invite people to comment or ask questions or offer topics that you would like me to research and blog

about. Just send me an email at mcfairy@telus.net. I promise you I will not share your email address. Also, let

assume that because you emailed me that you would want to get the newsletter sent, as such I ask that you

This month **Kelly Madden** is the recipient of my new publication of <u>Max's Mindful Finger-Focus</u>

me know if you prefer that your name not be mentioned in the blog. I will only respond to your email. I will not

separately sign up for the newsletter if you are interested. There are benefits to signing up as your name will be

comfort and joy.

Blog https://www.self.com/story/kelly-clarkson-emoti onal-christmas-song And a bit more humour... Go girl Kelly -

https://www.youtube.com/watch?v=7nLU5i5Ec7g

Christmas and I just finished watching the latest

The Voice competition, I share this blog about

Kelly Clarkson and her latest song for all those

struggles this holiday season. May you find

parents who are going through some relationship

Farming-Frames, plus additional wee treats!

Word of the Month Resolve -

Last month's word, rejoice, was a tough one for me to use. Why? Maybe it feels too old-world? I'm

solve

going to give it another try and use it more during the holiday season. In addition, I am tabling another new word, resolve. It's not terribly unusual, however, upon reflection, I

don't believe I use it often. I'm going to try to use it more as both a noun and a verb. During the holiday season when so often we need to address some of the anger, decision, guilt and anxiety emotions, it requires us to forgive, forget, move forward or not sweat the small stuff.

https://www.merriam-webster.com/dictionary/re

May you resolve to remain optimistic as you ponder your New Year's resolutions!

Used To Know)"

verb 1). Settle or find a solution to (a problem, dispute, or contentious matter).

"the firm aims to resolve problems within 30 days"

"she resolved to call Dana as soon as she got home"

2). Decide firmly on a course of action.

noun Firm determination to do something.

resolve"

"she received information that strengthened her